

# W/E Volunteer Program

#### **Weekend/Evening Kids Action Network Volunteer Program**



The **W/E Volunteer Program** provides weekend and evening volunteer projects for area residents who would like to get involved in group community service activities. All W/E Volunteer projects are Student Service Learning approved and supervised by a W/E Volunteer Team Captain and a staff person from the non-profit agency. To learn more, visit our Web site at **www.montgomerycountymd.gov/volunteer** 

#### Ann Evans, W/E Volunteer Coordinator

Montgomery County Volunteer Center

401 Hungerford Drive, First Floor

Rockville, MD 20850

240-777-2612 [ph] 240-777-2601 [fax]

E-mail: ann.evans@montgomerycountymd.gov

# **August Projects**

#### Please contact Team Captain for more info and to register

## MAKE A DIFFERENCE IN A CHILD'S LIFE

# 1. Play Games with the Children of the Dwelling Place!

Monday, August 9 6:45PM - 9:00PM

Spend an evening providing a safe, nurturing, and fun environment for children while their parents attend a Life Skills Workshop. The Dwelling Place provides temporary and long-term housing for homeless families.

Min Age: 14 Max # of Volunteers: 7

Location: Gaithersburg

Web site: www.dwellingplaceinc.org

W/E Volunteer Team Captain: Teri Trainer
Email: teri@choresnomore.us
Phone Number: home: 301-565-5187



Tuesday, August 17 5:30PM - 7:00PM

Spend some time reading stories, playing, and working on craft projects with the patients. The Hospital for Sick Children serves the needs of the community by providing rehabilitation and specialty services to children and their families.

Min Age: 16 Max # of Volunteers: 8

Location: Washington D.C. Web site: <a href="https://www.hfscsite.org">www.hfscsite.org</a>

W/E Volunteer Team Captain: Lisa O'Neal Email: honkytonkkat@att.net Phone Number: home: 301-424-5188

#### 3. Provide a Watchful Eye for MOMS!

Thursday, August 19 6:45PM - 8:45PM

Help provide a safe, nurturing, and fun experience for children while their mothers attend classes. The Mothers Offering Maternal Support Program of the Mental Health Association is a one-to-one mentoring program that matches young mothers, 12-24 years old, with an experienced mother who is a supportive friend, advocate, and role model.

Min Age: 15 Max # of Volunteers: 10

Location: Rockville

Web site: www.mhamc.org

W/E Volunteer Team Captain: Elaine Lewis
Email: elaine.lewis@hrh.com
Phone Number: work: 301-692-3047



# PACK AND PREPARE FOOD Thursday, August 12 FOR HUNGRY OR HOMELESS Monday, August 16 Sort and pack cans, box and families Manna I

#### 4 & 5. Pack Food Boxes at Manna Food Center!

Thursday, August 12 7:00PM - 8:30PM Monday, August 16 7:00PM - 8:30PM

Sort and pack cans, boxes, fruits, and vegetables for distribution to needy individuals and families. Manna Food Center collects and distributes food to thousands of families, soup kitchens, homeless shelters, group homes, emergency assistance

organizations and low-income housing projects each month. Min Age: 14 (younger w/adult) Max # of Volunteers: 12

Location: Rockville

Web site: www.mannafood.org

8/12 W/E Volunteer Team Captain: Julie Bernstein Email: juliebb36@aol.com Phone Number: home: 301-984-5898

8/16 W/E Volunteer Team Captain: Kim Kidwell Email: kkidwell7205@comcast.net Phone Number: home: 301-216-2972



#### W/E VOLUNTEER PROGRAM

Weekend/Evening Volunteer Program

## **PACK AND** PREPARE FOOD **FOR HUNGRY** OR HOMELESS

#### 6. Combat Hunger While Creating **Opportunity at DC Central Kitchen!**

Sunday, August 22

9:00AM - Noon

Work alongside the men and women in DCCK's culinary job training program. Kitchen tasks include chopping vegetables, sorting fresh produce, mixing salads, portioning meals, deboning meat and assisting with other tasks vital to operating a 10,000-sq ft community kitchen. Volunteers are often invited to stay for lunch. The DC Central Kitchen safely recovers unserved food from area food service businesses and converts the donated food into 4,000 balanced meals each day for hungry children and adults in the DC metro area, while at the same time training unemployed individuals in basic culinary skills. Min Age: 12 Max # of Volunteers: 15

Location: Washington, DC

Web site: www.dccentralkitchen.org

W/E Volunteer Team Captain: Ann Evans Email: ann.evans@montgomerycountymd.gov **Phone Number:** work: 240-777-2612

#### 7. Pack Food for SHARE!

Saturday, August 28

9:00AM - Noon

Assist with Distribution Day for SHARE. No heavy liftingassembly line process. SHARE (Self-Help and Resource Exchange Program) Food Network helps families and individuals save money on groceries while helping the community through volunteer service.

Min Age: 14 (younger w/adult) Max # of Volunteers: 15

Location: Hyattsville

Web site: www.sharedc.org

W/E Volunteer Team Captain: Gena Barbieri Email: barbieri@djj.state.md.us Phone Number: work: 301-279-1580, ext. 345

## **HAVE FUN** WITH PEOPLE WITH SPECIAL **NEEDS**

#### 8 & 9. Play Tennis at Potomac Community Resources!

Sunday, August 8 4:30PM - 5:30PM

Sunday, August 29 4:30PM - 5:30PM

Play tennis and socialize with the clients of Potomac Community Resources so that they can improve motor and social skills. Potomac Community Resources provides social, recreation, therapeutic, and educational programs to area teens and adults who have developmental disabilities.

Min Age: 15 Max # of Volunteers: 5

Location: Potomac

Web site: www.potomaccommunityresources.org

W/E Volunteer Team Captain: Teri Trainer Email: teri@choresnomore.us **Phone Number:** home: 301-565-5187



#### 10. Be NoteAble through Music at Potomac **Community Resources!**

Monday, August 9

Assist the professional music therapist with the NoteAbles Music Enjoyment Group by providing one-on-one help for participating teens and adults with developmental disabilities. Help participants by encouraging singing, movement, conversation, and participation. Potomac Community Resources (PCR) provides programs and support to teens and adults with developmental disabilities and their caregivers.

Min Age: 15 Max # of Volunteers: 4

Location: Potomac

Web site: www.potomaccommunityresources.org

W/E Volunteer Team Captain: **Murv Delpino** Email: delpinom-gburg@starpower.net **Phone Number:** work: 301-216-4213

#### 11. Make It a Super Sunday at Potomac **Community Resources!**

Sunday, August 15

Noon - 5:00 PM

Super Sunday is a social, recreational, and therapeutic program for teens and adults with developmental disabilities. This group serves people who have significant impairments in cognitive abilities, independent movement, or self-care skills. Professional staff designs, organizes, and facilitates the activities. Volunteers provide one-on-one assistance and companionship in a warm, friendly environment. Potomac Community Resources (PCR) provides programs and support to teens and adults with developmental disabilities and their caregivers.

Min Age: 16 Max # of Volunteers: 4

Location: Gaithersburg

Web site: www.potomaccommunityresources.org W/E Volunteer Team Captain: Murv Delpino Email: delpinom-gburg@starpower.net **Phone Number:** Work 301-216-4213

#### 12. Join the Social Club at Potomac **Community Resources**

Friday, August 20

7:00 - 10:00 PM

Join the fun at Studio 3F listening to music, playing games, working on crafts and playing sports with teens and adults with developmental disabilities. Potomac Community Resources (PCR) provides programs and support to teens and adults with developmental disabilities and their caregivers.

Maximum # of Volunteers: 7 Min. age:15

Location: Gaithersburg

W/E Volunteer Team Captain: Murv Delpino delpinom-gburg@starpower.net Email: **Phone Number:** work 301-216-4213

6:30PM - 7:30PM



# BRIGHTEN A SENIOR'S DAY

#### 13. Play Bingo at Rockville Nursing Home!

Saturday, August 7 1:15PM - 2:45PM

Help the staff of Rockville Nursing Home with their weekly bingo game. Rockville Nursing Home is a non-profit nursing home that provides quality nursing care around the clock.

Min Age: 14 (younger w/ adult) Max # of Volunteers: 8

Location: Rockville

Web site: rockvillenursinghome.org

W/E Volunteer Team Captain: June Malina Email: jmalina@erols.com Phone Number: 301-540-2601

# SPECIAL EVENTS

#### 14. Breast Cancer 3-Day Walk

Sunday, August 15 9:00 – 3:00 or 12:00 – 6:00 PM Set up, distribute water & T Shirts to participants, direct walkers as they come through barricades at the finish line.

Min age: 10 No Max # Volunteers:

Location: Downtown DC (metro accessible)

W/E Volunteer Team Captain: Vicki Johnson
Email: v.jonson@buchananpartners.com
Phone: 240-994-1648

## Volunteer Translators Needed!

Help people access community services. Join the Montgomery County Volunteer Center's

### LANGUAGE BANK!

If you speak English, can communicate fluently in another language, and are willing to serve on-call for translation and interpretation services for county agencies, schools and non-profits, come to the next Language Bank Orientation.

Wednesday, August 11 6:00 PM

Call the Volunteer Center at 240-777-2600 to register.

